

PILATES TEACHER POSITION



COMPANY PROFILE

A 4 year Fitness, Pilates and nutrition studio where pilates is their primary modality, but they utilise strength training with weights as well as nutrition coaching to help their ideal client :

Their ideal client is :

- A Woman in her 40s and 50s.
- Her goal is to get stronger, feel confident and amazing in her clothes, and to transform into a younger version of herself.
- She is intimidated to join traditional gyms because she doesn't feel that she belongs, and has no idea what to do.
- She wants to workout with like minded women.

REQUIREMENTS

Training will be provided in how the studio trains their clients.

- Experience with traditional weights (this can be from her own self practice, or at the very least the desire to learn more) and to have the desire to learn how she can complement her pilates training to help our clients feel stronger, and more confident.
- Part time who could possibly transition to full time.
- The future can also hold a sales role, if this is a good fit, and if she actually has any interest in it (of course there will be sales commissions).

Above all else, They want the person to resonate with their core values :

1. Fun. We have fun at work, our clients have fun with us.
2. Continuous learning. Never stop learning new things. Our clients also learn how they can achieve their goals with us.
3. Team work. Work as one, toward our goals and mission
4. Empathy. Understand that we are all going through our own difficulties, so we need to be kind and empathise with our team and clients.

LOCATION

2 PANDAN VALLEY

HOW TO APPLY

All those interested should email aly@fitnutloft.com for more details.

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